

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Gregory Palamas 8:20 am – Orthros 9:30 am — Div. liturgy 10:20 am – Ch. School <i>adult choir rehearsal</i> <i>youth choir practice</i> <i>Community Dinner 2:00 pm</i> MARCH 31	6:00 pm Great Compline <i>fast</i> 1	7:00 am (Readers) Orthros <i>fast</i> 2	* *6:00 pm Liturgy of Pre-Sanctified Gifts celebrated AT St. Lawrence <i>fast</i> 3	6:00 am Men's Reading Group <i>fast</i> 4	6:00 pm Little Compline w/Akathist <i>fast</i> 5	8:00 am Men's Breakfast 6:00 pm Great Vespers & Compline <i>wine, oil</i> 6
Sunday of the Holy Cross 8:20 am – Orthros 9:30 am — Div. Liturgy <i>no church school</i> <i>wine, oil</i> 7	6:00 pm Great Compline <i>fast</i> 8	7:00 am (Readers) Orthros <i>fast</i> 9	6:00 pm Liturgy of Pre-Sanctified Gifts celebrated w/St. Lawrence AT SsPP followed by soup supper <i>fast</i> 10	6:00 am Men's Reading Group <i>fast</i> 11	6:00 pm Little Compline w/Akathist <i>fast</i> 12	10:30 am - 6:00 pm Deanery Young Adult Retreat 6:00 pm Great Vespers & Compline <i>wine, oil</i> 13
Sunday of St John Climacus 8:20 am – Orthros 9:30 am — Div. Liturgy 10:20 am – Ch. School <i>wine, oil</i> 14	6:00 pm Great Compline <i>fast</i> 15	7:00 am (Readers) Orthros <i>fast</i> 16	6:00 pm Little Compline w/ Canon of St Andrew & Life of St. Mary of Egypt <i>fast</i> 17	6:00 am Men's Reading Group 6:00 pm Liturgy of Pre-Sanctified Gifts followed by soup supper <i>fast</i> 18	Antiochian Women's Annual Lenten Retreat	
St. Mary Of Egypt 8:20 am – Orthros 9:30 am — Div. Liturgy 10:20 am – Ch. School Women's Lenten Retreat <i>wine, oil</i> 21	6:00 pm Great Compline <i>fast</i> 22	7:00 am (Readers) Orthros 7:00 pm Parish Council <i>fast</i> 23	6:00 pm Liturgy of Pre-Sanctified Gifts followed by soup supper <i>fast</i> 24	6:00 am Men's Reading Group <i>fast</i> 25	5:00 "All About the Feasts", baking Lazarakia (for children) 6:00 pm Little Compline w/ Canon of Raising of Lazarus <i>fast</i> 26	LAZARUS SATURDAY 8:20 am Orthros & Divine Liturgy followed by Church Workday & Palm folding 6:00 pm Great Vespers w/ Litia <i>wine, oil</i> 27
PALM SUNDAY 8:20 am – Orthros 9:30 am — Div. Liturgy Procession w/ Palms followed by festal meal Community Dinner 2:00 pm 6:00 Bridegroom Orthros <i>fish, wine, oil</i> 28	HOLY MONDAY Righteous Joseph 9:00 am Liturgy of Pre-sanctified Gifts 6:00 pm Bridegroom Orthros for Holy Tuesday <i>fast</i> 29	HOLY TUESDAY Ten Virgins 9:00 am Liturgy of Pre-sanctified Gifts 6:00 pm Bridegroom Orthros for Holy Wed <i>fast</i> 30	HOLY WEDNESDAY Anointing of the Lord 9:00 am Liturgy of Pre-sanctified Gifts 6:00 pm Holy Unction MAY 1	HOLY THURSDAY Mystical Supper 9:00 am Holy Thursday VDL of St Basil w/ washing of feet 6:00 pm Passion Gospels 2	HOLY FRIDAY Holy Passion of Our Lord 9:00 am Royal Hours 2:30 pm Great Vespers and taking down from cross 6:00 pm Orthros w/ Lamentations 3	HOLY SATURDAY Christ's Descent into Hades 9:00 am VDL of St. Basil 10:00 pm Rush Procession, Festal Orthros, Divine Liturgy of PASCHA 4

* Fast = No meat, fish, dairy, eggs, alcohol, oil